

# HEARTBROTHERS FOUNDATION QUARTERLY NEWSLETTER

EDITION 15 | SEPTEMBER 2024



Dear Friends and Supporters,

As summer transitions into fall, we pause to reflect on a pivotal moment in our journey. This month marks the **10th anniversary of The HeartBrothers Foundation**—a decade of unwavering support, growth, and expanding impact for the heart failure community across New England and beyond.

What began as the dream of our co-founders, Pat Sullivan and Bob Romer, to create a lifeline for heart failure patients has evolved into something far greater than we ever imagined. Today, we have provided critical **financial assistance to over 600 heart failure patients** and have reached **more than 5,500 patients and caregivers through personal visits** and emotional support. Our reach now extends beyond local boundaries, creating a lasting ripple effect in the lives of those facing heart failure.



This summer, we hosted two key fundraising events: the 8th and final **Mike Gustin Memorial Classic**, and the inaugural **Contrology Classic**. Both events brought our community together, raising essential funds (read below) to support our mission.

Looking ahead, we are also excited to announce:

- On **Friday, December 13**: our **Annual Team Symposium**, bringing together our dedicated Ambassadors, and a **Celebration of Life honoring our Co-Founder, Pat Sullivan**. More details to come on both.
- In February, we are also honored to host the **2nd Annual Benefit, hosted by Mike O'Brien**, featuring an **exciting new \$10,000 raffle**.

Our growth wouldn't be possible without the incredible partnerships we've formed over the years. To our corporate sponsors—Abbott, Abiomed, Amgen, Boston Scientific, CareDx, Cytokinetics, Medtronic, Novartis, Pfizer, Red Sox Foundation, scPharmaceuticals, and TransMedics—your support has allowed us to reach more patients than ever before.

We are equally grateful for the collaboration of medical professionals at the Heart Failure, LVAD & Heart Transplant Centers throughout the region, whose dedication enables us to extend care and compassion to those in their most vulnerable moments. Your partnership has been invaluable.

Lastly, we recognize our 90+ HeartBrothers Ambassadors, whose strength, resilience, and dedication inspire us daily and honor the caregivers, who shoulder an immense burden and work tirelessly to care

for their loved ones. Together, we have built a community where no patient or caregiver walks this journey alone.

As we step into the next chapter, we remain committed to expanding our impact and continuing to serve the heart failure community with the same passion and resolve that guided Pat and Bob's vision 10 years ago.

With gratitude,

Team HeartBrothers

## UPCOMING EVENTS

### HF WEBINAR | THU, NOV 7 | 5:30 PM

**ABOUT:** Fluid buildup is a common and serious complication in heart failure, requiring timely recognition and effective management. This webinar will cover: understanding fluid buildup, key mechanisms and impacts on health, early detection, and management strategies.

**SPEAKER:** We are excited to have **Matt Goodwin**, PharmD, MBA from **scPharmaceuticals** as our guest speaker. With over 15 years of experience in the pharmaceutical industry, Matt leads the Medical Affairs team at scPharmaceuticals and specializes in cardiology.

**JOIN US:** This webinar is ideal for healthcare professionals, caregivers, and anyone affected by heart failure.



HEART  BROTHERS WEBINAR SERIES

**NAVIGATING HEART FAILURE:**  
Recognizing and Managing Fluid Buildup

**NOV 7, 2024**  
@5:30 PM

**REGISTER NOW**

[heartbrothers.org/webinars](https://heartbrothers.org/webinars)

Guest Speaker:  
Matt Goodwin, PharmD, MBA  
Vice President, Medical Affairs  
scPharmaceuticals

The graphic features a white water bottle pouring water into a blue wavy pool. A circular portrait of Matt Goodwin is positioned on the right side of the pool. A red 'LIVE' badge is located above the HeartBrothers logo.

REGISTER FOR FREE

### MONTHLY VIRTUAL SUPPORT GROUPS



## HEART FAILURE SUPPORT GROUPS

### JOIN US:

**Patients:** Thursday, Oct 10 @ 6PM (ET)  
**Caregivers:** Thursday, Oct 24 @ 6PM (ET)

**ABOUT:** In collaboration with New England Heart Failure Centers and hospitals, the HeartBrothers Foundation offers **two FREE monthly virtual** support groups:

- **Patient Support Group:** Held on the second Thursday of each month, dedicated to heart failure patients seeking to connect, share experiences, and gain knowledge.
- **Caregiver Support Group:** Held on the fourth Thursday of each month, offering caregivers a space to share strategies, challenges, and support each other.

These meetings provide a welcoming environment where participants can listen, learn, and share first-hand experiences about living with heart failure and its challenges.

[PATIENTS: REGISTER HERE](#)

[CAREGIVERS: REGISTER HERE](#)

## EVENT RECAPS

### A LASTING LEGACY: THE GUSTIN FAMILY



A heartfelt thank you to the Gustin family for making the **8th Annual Mike Gustin Memorial Golf Classic** on August 5th another success.

This year's event **raised over \$20,000**, bringing the total funds raised to **an incredible \$580,000 over the past eight years**—all in support of heart failure patients.

This final MGGC marks the culmination of the Gustin's unwavering dedication to our foundation. **Anne, Laurie, Kristine, and Katie**—your generosity honored Mike's memory and played a pivotal role in the growth of the HeartBrothers. You hold a special place in our hearts.

Special thanks to our sponsors—Wafer World Inc., South Shore Disposal Inc., Carson Wealth, WinWaste, Roche Bros., Casella Waste Systems Inc., and Troupe Waste & Recycling—for your ongoing support.



Thank you all for your incredible commitment and generosity. We will forever be profoundly grateful.

## CONTROLOGY CLASSIC: RECORD-BREAKING SUCCESS

Thank you to the golfers, volunteers, and sponsors who made the **1st Annual Contrology Golf Classic** on September 10th at Lake of Isles such a tremendous day. With your support, **we raised over \$90,000—our largest fundraiser ever**—for heart failure and transplant patients through the HeartBrothers Foundation.

A special shoutout to **Michelle Fiset** and **Tommy Hardiman** for their hard work and dedication—which made all the difference.

This event wasn't just about golf; it was a celebration of community and giving back. Together, we've made a lasting impact on the lives of those who need it most.



**SAVE THE DATE:** We can't wait for round two on **Monday, August 18, 2025!**

## TEAM MEMBER SPOTLIGHT

### AUDREY LLOYD

#### **A Second Chance at Life: Audrey's Journey with Danon Disease and a Donor Heart**

Audrey's journey with heart disease began early. At just 14 years old, she was diagnosed with hypertrophic cardiomyopathy (HCM), a condition that would eventually lead to even more significant health challenges. On August 15, 2024, at the age of 25, Audrey received a life-saving heart transplant, forever changing her life.



Audrey Lloyd,  
Heart Transplant Survivor

HCM is a condition where the heart muscle becomes abnormally thick, making it harder for the heart to pump blood effectively. While some people with HCM experience few symptoms, others may suffer from shortness of breath, chest pain, or even heart failure. Audrey's diagnosis at 14 marked the beginning of her battle...

[READ AUDREY'S STORY](#)

## MEDICAL UPDATES

### IN THE NEWS

- **Cytokinetics:** Understanding The Impact of Heart Failure [More>>](#)
- **scPharmaceuticals:** Turning Patient Care Inside Out [More>>](#)
- **TransMedics:** Dedicated to Saving More Lives [More>>](#)
- **Ocean State Stories:** Heart Transplant Saves Life of Foster Resident Tommy Hardiman [More>>](#)

## OUR SPONSORS

We are deeply grateful for the generous support of our 2024 Corporate Sponsors who are committed to helping heart failure patients and their families. Together, we are making a difference in the lives of many.



**Our Contact Information**

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**HEARTBROTHERS  
FOUNDATION™**

*Failing Hearts Need Helping Hand*